



Level 2 Certificate in
Understanding
Children and Young
People's Mental Health

Qualification facts

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About this qualification

The purpose of this qualification is to increase learner's knowledge and awareness of children and young people's mental health.

By completing the qualification, learners will develop knowledge of:

- children and young people's mental health in context
- mental health problems commonly associated with children and young people
- the impact of mental ill-health on children and young people
- support available to maintain mental wellbeing in children and young people.

Entry requirements

There are no specific recommended prior learning requirements for this qualification. However, learners may find it helpful if they've already achieved a Level 1 qualification.

Experience in the workplace

This is a knowledge-only qualification; therefore, work experience is not mandatory.

Qualification structure

Learners must achieve all 5 mandatory units.

Mandatory units

Unit ref.	Unit no.	Unit title	Unit type	Level	GL
Unit 01	H/616/8100	Understand children and young people's mental health in context	Knowledge	2	26
Unit 02	K/616/8101	Understand factors which may affect children and young people's mental health	Knowledge	2	29
Unit 03	M/616/8102	Understand children and young people's mental health concerns	Knowledge	2	36
Unit 04	T/616/8103	Understand the impact of children and young people's mental health concerns	Knowledge	2	20
Unit 05	A/616/8104	Understand how to support children and young people with mental health concerns	Knowledge	2	24

Total guided learning hours: **135 hours**

Total qualification time: **156 hours**

Assessment

All units will be individually internally assessed using a range of methods.

Progression

Learners who achieve this qualification could progress to:

- Level 3 Certificate in Understanding Mental Health
- Level 3 Award in the Awareness of the Mental Capacity Act 2005
- Level 3 Diploma for the Children and Young People's Workforce (England)
- Level 3 Award/Certificate/Diploma in Supporting Teaching and Learning

For more information

Full details of this qualification can be found on our website www.cache.org.uk

